From the Office:

- **Want to make a payment?**
  Parents Online Payments
  Go to the schools website, http://www.dungog-h.schools.nsw.edu.au/ and the $ Make a Payment link will be on the front page. By selecting the link you will be taken to a secure Westpac Quickweb payment page.
  There is an instruction manual on the website http://www.dungog-h.schools.nsw.edu.au/our-school/schooling-costs.
  Please cease depositing directly into the school’s bank account.

- **Parent Portal (Sentral)**
  Sentral's parent portal provides parents with 24/7 access to important information about their child/children.
  To use the Parent portal, you will need to register as a parent user. New parents have been sent a letter from the school by Mr Curran, our Sentral Coordinator, explaining this simple process and providing you with a unique access code. You cannot register without this code. If you do not receive a letter, or if you lose your registration access code, you can contact the school for a new one.
  You will be able to register for the Parent Portal at any time after receiving the letter.

- **Student Letterbox**
  To save students lining up and waiting to hand in notes or pay for excursions, fees, etc we have started a new system with a ‘Student Letterbox’. Students can drop the following in the Letterbox:
  - permission notes,
  - absence notes,
  - correct monies with permission note in a sealed envelope, and
  - early leaver requests – (note all Thursday early leaver requests must FIRST be signed by the Deputy).
  If a student does need change and/or a receipt to take home they will need to stay in line, or come back later to collect it.

---

**P&C AGM and support for school programs**

Last Thursday saw the P&C hold its Annual General Meeting. I am pleased to report that the office bearers will continue in their roles into the coming year:

- **President:** Matthew Kerr
- **Secretary:** Mary Anne Muddie
- **Treasurer:** Cindy Fisher
- **Canteen Committee representative:** Margaret Flannery

I thank them for their work representing the parent body and helping with decision making for the school.

An example of the importance of the P&C to the school is their annual approval of funding to be given to faculty items and school programs. Following is a list of the items approved at this meeting that will help many of our students in their education. All these funds are raised through the work of our Canteen employees and volunteers and I thank all of them for their generous donation of time that allows these funds to be raised and returned to our students.

**List of funded submissions**

Existing commitments
1. Clickview 3000
2. Student of the Week vouchers 1200

New requests
1. Student well-being: performances 2000
2. Student well-being: peer literacy support 1600
3. Agriculture: stock crate for farm trailer 3800
4. Technology home science: 2x overlockers 1000
5. Technology Industrial Arts: spray gun paint applicator 1050
6. Tech IA: router 865
7. Special Education: shade sail over outside eating area 5000
8. SpEd: garden shed 300
9. Community engagement team: transport to primary schools 2500
10. Literacy/numeracy team: year 7 NAPLAN workbooks 6400
11. Edrolo program: years 11 and 12 course support 2070
12. Mathematics and English medals for academic excellence 274
13. Lemon car 500
14. HSC study day Singleton: transport 600
15. Music: digital PA system 1500

Total of requests: $33,385

**Student Success at Starstruck**

Two of our students have been successful in their auditions as backing vocalists for the 2016 Starstruck performances. Ronne Piper (year 12) and Mia Quirk (year 10) have been through the audition and call-back process to gain this success.

Starstruck will be held in June this year and is always an exciting and very professional production. Many of our students will be involved in the orchestra, dance and other performances. To have gained a place as a backing vocalist is a wonderful opportunity for these students – congratulations on your success and thanks to Mrs Danvers and Mrs Knight who helped you develop your talents and skills.

Maureen Jarvis
**Student Achiever of the Week Award**

**This week’s recipient is:** Pascal Francisci  **Year: 10**

The English Department have nominated this student because he exemplifies the core values of PBL; respect, responsibility and personal best. Pascal is a student who has shown a great deal of commitment towards his studies in English as well as in his other subject areas, one of which he studies by correspondence.

Pascal consistently demonstrates a positive attitude towards learning, he has an enquiring mind and likes to take part in discussions which challenge and explore our ways of thinking.

He has also represented our school at Regional and zone swimming carnivals. Pascal is an all rounder who deserves to be recognized for his achievements, he is a modest and polite young man.

Pascal will receive a certificate and $25 voucher.

---

**Dungog High School**

**Invites you to a**

**Year 7-12 Parent Teacher Night**

**on**

**Tuesday 22nd March 2016**

**From 5.00pm to 7.00pm**

**In the Multi Purpose Centre**

There is a Booking sheet included at the end of Newsletter

---

**Dungog High students at Newcastle Show**

Claire Richardson, Emma Steele and Jack Steele represented Dungog High School at Newcastle Show Friday, 4th March, competing in Junior Judging and Junior Paraders competitions. There were a number of schools competing against them.

Dungog High had the smallest representation in their classes (three students and all in the same age class) and their results were impressive.

In the age 12 to under 16’s class Claire Richardson (age 14) came first in Junior Judging, followed by Emma Steele (age 12) to come second, by only one point, Jack Steele (age 12) only just missed out on the second part of the competition and doing his oral.

As a result Dungog High School won overall with the highest amount of points that the Newcastle Show Committee has seen in a number of years (over 800 points). They won the Perpetual trophy as well as $200 awarded to the school. This included all the age and open classes.

Claire Richardson took out the Grand Champion Junior Judge over all the classes.

Also Claire came first in their very large age 12 - under 16’s Junior Paraders Class, with Emma coming third and Jack coming fourth.

Also I think it is worth mentioning that all three kids have managed to qualify at Maitland Calf Capers at Maitland Show for the Junior Paraders State Final at Sydney Royal Show on the 18th March 2016.

Emma and Jack also have been down to Canberra Royal just over a week ago and Emma came second and Jack fourth in the 12-16 years Paraders class and Jack came fourth in the 12-16 years Junior Judging. competition.

Emma and Jack will be going on to compete at Bathurst Royal in April.

**CONGRATULATIONS!!!!**

Two of our Music students have been accepted to be part of the Starstruck 2016 Featured Artist Backing Vocal Group.

Well done Ronnie Piper and Mia Quirk.

This is an amazing achievement as students for this group come from auditions from all Hunter schools and there is a great deal of competition.

---

**2016 GENERAL CONTRIBUTION**

**$80 per Yr 7 – Yr 10 student.**

**$100 per Yr 11 & 12 student**

These fees have now been invoiced. This contribution is a fair & equitable charge calculated to cover general running costs and resource purchases for schools each year. Your support of our students’ education is greatly appreciated.

*Families who have paid for the entire year before the end of Term 2 (1st July) will go into the draw to win an iPad Mini!  The draw will take place early Term 3.*
Ronnie and Mia will be on stage for at least ten to fifteen songs and will have a great time learning the songs and the choreography. This is very impressive and Starstruck ‘Our Heroes’ will be a wonderful musical experience for them both.
Well done!!
Phyl Danvers
Music Department

A Student Education and Training Plan
SET Plans, “Student Education and Training Plan” are individualised learning plans that allow students to identify areas in need of improvement and, through consultation with a teacher and their parents/guardians, develop strategies to improve in this area. Each student’s plan will be different and rely upon both short-term and long-term plans and goals towards academic improvement.

The school’s goal over the next 3 terms is to develop ongoing plans for all students from Year 12 to Year 7 so all students can set both long and short term goals for the future in both their education and training. This will be a big venture which will require the school and the community to work together to achieve these goals.

Our starting point is with Year 12 and this will begin on Thursday 24th March during sport time. As you would be aware Year 12 do not participate in sport on Thursdays and this would mean they would be required to stay at school during this time to complete their draft plan on that day. They would then take their draft plan home to discuss with their parents before it was completed and saved at school.

Our SET Plans consist of FOUR focus questions.

WHERE AM I NOW?
- What would my teachers say about my effort and results?
- What marks am I getting at the moment?
- Is there one subject, or group of similar subjects, that I am better at than others?
- Do I have a place to study and revise my work nightly?
- Do I plan and study for exams?

WHERE SHOULD I BE?
- Am I capable of getting better results if I studied harder?
- If I was doing all my homework, studying regularly and seeking help from all of my teachers, what would my marks be like?
- Am I satisfied with my results? Why or why not?

HOW WILL I GET AHEAD?
- Do I use my time wisely?
- Have I developed and followed a study and revision plan?
- Do I complete all my homework and assessment tasks to the absolute best of my ability?
- Do I seek extra help from teachers when I feel that it is necessary?

HOW WILL I KNOW WHEN I GET THERE?
- Have my grades and marks improved?
- Do I have a positive relationship with my teachers?
- Have I received some praise (i.e. certificates) for my work and effort?

Early next week I will meet with Year 12 to show them a copy of the plan and the questions they will be asked on the day so they can think about and plan their responses. If you could discuss this process with your child before Thursday 24 March, that would be very much appreciated.

Thank You – Mr Dives DP, Mr Brown HT Mathematics and Ms Smith Careers Advisor

Health and Wellbeing News
Friday March 18 th National Day of Action Against Bullying - Bullying No Way

Programs Available at Dungog High School!
➢ Peer Mediation Program – Beginning Term 2
Students in Year 10 have been trained as mediators in minor incidents between students in junior years. Students in Years 7 – 10 can record incidents they may be having difficulty resolving themselves, into the Peer Mediation box in the office. Peer Mediators will seek out these students and work towards resolving these issues in a healthy and safe manner.

➢ Mediation Program – Girls Advisor – Beginning Term 2
Any issues reported to the Peer Mediators that may require some adult support will be referred to the Mediation Program with the Girls Advisor. Students will participate in the same mediation process.
Mentoring Program – Boys Advisor – Beginning Term 2
In some cases students may require some ongoing support to help resolve issues involving bullying. Some students may be referred to the Boys Advisor for ongoing support.

Anti-Bullying Support – Head Teacher Welfare – currently available
Any student who can report incidents of bullying by completing a form in the front office. The Head Teacher Welfare will meet with the students involved in incidents and work towards resolving the situation in a supportive manner to the satisfaction of all students involved. The approach adopted is ‘The Method of Shared Concern’.

Events at Dungog High School this term!
Our Youth Committee have organised some events over the next few weeks. We are focusing on anti-bullying, anti-discrimination and inclusion.

Competition
- prizes to be won, certificates for all entries
- design an anti-bullying, anti-discrimination and/or inclusion poster, artwork or film
- write an anti-bullying, anti-discrimination and/or inclusion short story or poem

Entries will be displayed in the MPC on the last Wednesday of term (with the permission of the entrant).

A wall of hands with students personal anti-bullying, anti-discrimination and/or inclusion messages and a "beach ball of inclusion" will make it’s way around the school for students to sign their pledge to support inclusion, respect and a sense of belonging for all.

What is Bullying?
Bullying affects everyone. The person being bullied, the person bullying and bystanders can all have negative outcomes from bullying incidents. These negative outcomes can affect the person later in life.

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying is NOT:
- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

What can parents do?
Research shows that talking to your child for at least 15 minutes a day can build a strong relationship and foundation of trust so that they can come to you for support. Don’t feel like you need to always have the answers. Knowing where to look for more information is all that is needed. Even when you think your child is not listening, they probably are and usually take some of what you say with them. It is important to model healthy and safe conflict resolution for your child, talk openly and honestly about positive communication and be sure to praise your child when they exhibit these skills.

What to do if your child has been involved in a bullying incident!

What was their role in the situation? It’s important to find out the facts as soon as possible. Ask your child to write down what happened.
- Make sure your child knows it is important to be honest about their role (were they the person being bullied, the person bullying or the person watching, did they say or do something first or in retaliation or just watch),
- what they have done about it so far (did they say or do something to stop it, walk away, join in etc),
- who they have spoken to about the incident (adult/teacher),
- who saw what happened (bystanders).

Was there something they could have done differently? Sometimes adults can identify strategies that could have been used earlier to resolve the issue. Discussing this with your child is important so any future issues can be resolved more effectively.

Don’t tell your child they were right even when they were not. They know the difference and this approach may stop your child from seeking out your advice or support in the future. They are looking for your honesty and guidance.

It’s also important to help build resilience in your child.
Is this a case of bullying or is it a friendship issue? – review the points at the top of the article. Is this a one off incident? Is this a mutual disagreement with no power imbalance? If you answered YES to these questions then this is not bullying. Supporting your child to develop positive communication skills and knowing when to walk away for a break from some friendships is important. Is there a way they can try to resolve the situation, in a positive way, themselves? Look for the article on this in last week’s newsletter.

Apps that may help:
Take a Stand

If you or someone you know is experiencing difficulty then contact Lifeline on 13 11 14 or Kids Helpline on 1800 551 800.

Hayley Dibley
Head Teacher Welfare
**DUNGOG HIGH SCHOOL CANTEEN**

**Roster**

**Week 8 : 14th to 18th March**
- Mon: P Garrett, J Hipwell, S Hipwell
- Tues: J Kelner, A Moss, N Paterson, J Huntress
- Wed: C Wheeler, L Lovegrove
- Thurs: J Czaplewski, R Rolfe, K Flannery
- Fri: D Marquet, L Dries, L McInnes, M Townsend

**Week 9 : 21st to 25th March**
- Mon: K McDonald, J Chant
- Tues: A Field, C Briggs, Y Barrall
- Wed: F Pike,
- Thurs: M Muddle, K Rowe, P Williams
- Fri: GOOD FRIDAY

If you are unable to be here by 9.30am could you please let Margaret Edwards know, by phoning the school on 49923022.

---

**SOME CALENDAR DATES FOR 2016**

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>14 March</td>
<td>15 March</td>
<td>16 March</td>
<td>17 March</td>
<td>18 March</td>
</tr>
<tr>
<td></td>
<td>Y11 AncHist &amp; Retail, Y12 LegalStud – Syd CBD 6am-7pm Defence Force Recruiting</td>
<td>HVTC ‘Career Gate’ Open Girls Basketball</td>
<td>Yr7 Camp – Morisset Open Touch Football – Boys/Girls – R/Terrace</td>
<td>Yr7 Camp – Morisset Yr9/10 Royal Easter Show</td>
<td>Yr7 Camp – Morisset Yr 9 SRE</td>
</tr>
<tr>
<td>9</td>
<td>21 March</td>
<td>22 March</td>
<td>23 March</td>
<td>24 March</td>
<td>25 March</td>
</tr>
<tr>
<td></td>
<td>The ‘Lemon Car’ Y8 Outdoor Rec to Dungog Common Canteen AGM 3.45pm</td>
<td>Uniform Shop 8am-4pm Y7-12 Parent/Teacher evening 5-7pm</td>
<td>Formal Assembly –PBL 10am</td>
<td>Yr8 SRE</td>
<td>GOOD FRIDAY</td>
</tr>
<tr>
<td>10</td>
<td>28 March</td>
<td>29 March</td>
<td>30 March</td>
<td>31 March</td>
<td>1 April</td>
</tr>
<tr>
<td></td>
<td>EASTER MONDAY</td>
<td>Y12 Half Yrly Exams</td>
<td>Y12 Half Yrly Exams</td>
<td>Y12 Half Yrly Exams</td>
<td>Y12 Half Yrly Exams Yr 11 SRE</td>
</tr>
<tr>
<td>11</td>
<td>4 April</td>
<td>5 April</td>
<td>6 April</td>
<td>7 April</td>
<td>8 April</td>
</tr>
<tr>
<td></td>
<td>Y12 Half Yrly Exams State Swimming Carnival Construction Induction Course – White Card</td>
<td>Y12 Half Yrly Exams U15 R/League, Newcastle State Swimming Carnival Uniform Shop 8am-4pm</td>
<td></td>
<td>NAPLAN Practice Tests School Athletics Carnival</td>
<td>NAPLAN Practice Tests</td>
</tr>
</tbody>
</table>

---

**James THEATRE**

**www.jamestheatre.com.au**

**Zoolander 2 (M)** - Screening Saturday 19 March, 4 pm

Former models Derek Zoolander (Ben Stiller) and Hansel find themselves thrust back into the spotlight after living in seclusion for years. Invited to a major fashion event in Rome, the estranged friends are surprised to see how much the business has changed. Even more shocking is their encounter with Valentina Valencia, a special agent who needs their help. Someone is killing famous pop stars, and it’s up to Derek and Hansel to help save the world’s most beautiful people from a similar fate. Comic mayhem directed by Ben Stiller. With Ben Stiller, Owen Wilson, Penélope Cruz, Will Ferrell.

**Deadpool (MA 15+)** - Screening Saturday, 19 March, 7 pm

Based upon Marvel Comics’ most unconventional anti-hero, Deadpool tells the story of former Special Forces operative turned mercenary Wade Wilson, who is subjected to a rogue experiment that leaves him with accelerated healing powers. Armed with his new abilities and a dark, twisted sense of humour, Deadpool hunts down the man who nearly destroyed his life. Starring Ryan Reynolds, Deadpool is an irreverent, bloody, and riotous twist on the superhero genre - a must-see comic book movie experience, and a showcase for the snarkiest of Marvels comic-book creations.

Please note, this is an adult-oriented film that is not suitable for people aged under 15 years. Children under 15 must be accompanied by a parent or adult guardian for the duration of the film, and the parent or guardian must also purchase the movie ticket for the child.
Brooklyn (M) – Screening Sunday, 20 March, 7 pm
In Brooklyn, Nick Hornby tells the captivating story of a young Irish immigrant in 1950s New York. With few opportunities for young women in postwar Ireland, soft-spoken Eilis Lacey (Saoirse Ronan) gets the chance of a lifetime. Her family arranges with a kindly Brooklyn priest (Jim Broadbent) for Eilis to move America to have a better chance at life. Eilis jumps at the chance. Although she gets a room at a Brooklyn boarding house and a job at a swanky department store, Eilis struggles to find her place. That changes when she meets Tony (Emory Cohen), a handsome young Italian man with an infectious passion for life. When a family tragedy draws her back to Ireland, she’s faced with a dilemma. This is a beautiful and nostalgic romantic drama, based on the story by Colm Toibin.

Drive 4 Survival

A four week driver education program that will raise the awareness of road safety for new drivers and their families.

Dates: Wednesdays 4, 11, 18, 25 May
Time: 6.30 - 8.30 pm
Place: Dungog SES, Clarence Town Rd, Dungog

Presentation topics will include: consequences of car crashes, drugs & alcohol, head & spinal injuries, strategies for safer driving & information on the free keys2drive lesson which is funded by the Australian government.

The cost of the program is $20 a family. This includes a FREE First Aid Certificate (conditions apply).

BOOK NOW! Please contact: Allen Shrimpton on 0438 922 091 or Beau at Dungog Shire Community Centre on 4992 1133, beau@dscc.net.au

Dungog Soccer Club

Training starts Wednesday 16 March
4 pm at the High School Soccer Fields
All new and returning players are welcome to attend.
Any queries can be directed to Dungog Soccer Club Secretary, Maria Francisci 0467291996 or Lisa Stewart 0428923258. Club training day is every Wednesday at 4pm.

ROTARY AUSTRALIA & NEW ZEALAND STUDENT EXCHANGE

2016 PROGRAM EXPRESSIONS OF INTEREST OPEN

This program is designed for 14-15 year old students (In Year 8 or 9 in 2016) to experience a true exchange with a family in New Zealand. Local students are matched with a New Zealand student and the New Zealand student will attend your school during Term 2, 2017. Both students then travel New Zealand and attend school here for Term 3, 2017.
This is an exciting way to experience another culture with the support of Rotary.
More information and expression of interest forms can be found at www.ranzse.org or check out our Facebook page – RANZSE District 9670

Expressions of interest close 30 June 2016
Full applications close 31 July 2016

WEP’s Annual Newcastle Student Exchange Info Session

16 March
Cardiff RSL
45 Macquarie Road, Cardiff
7:00 - 8:30pm

France Italy Germany USA Canada Argentina Brazil Ecuador Austria Belgium China Chile Finland Ireland Poland UK Sweden Netherlands Mexico Spain Denmark Hungary Norway Switzerland Thailand

With over 100 programs to 25 countries available, let us help you make the right choice! Find us on

www.org.au 1300 884 733 info@wep.org.au
Invites you to Parent/Teacher Night for Years 7-12
on Tuesday 22nd March 2016
from 5.00 - 7.00 pm
in the Multi Purpose Centre

PARENT/TEACHER BOOKING SHEET

You will find the times available for interviews listed below. Each student brings this sheet to the teacher concerned who will write his/her name on this sheet. Five minutes (at least) should be left between each interview to allow parents to move to their next interview. It is suggested that a grouping of bookings be made rather than bookings being widely scattered.

<table>
<thead>
<tr>
<th>TIME</th>
<th>TEACHER</th>
<th>TIME</th>
<th>TEACHER</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.00</td>
<td></td>
<td>6.00</td>
<td></td>
</tr>
<tr>
<td>5.05</td>
<td></td>
<td>6.05</td>
<td></td>
</tr>
<tr>
<td>5.10</td>
<td></td>
<td>6.10</td>
<td></td>
</tr>
<tr>
<td>5.15</td>
<td></td>
<td>6.15</td>
<td></td>
</tr>
<tr>
<td>5.20</td>
<td></td>
<td>6.20</td>
<td></td>
</tr>
<tr>
<td>5.25</td>
<td></td>
<td>6.25</td>
<td></td>
</tr>
<tr>
<td>5.30</td>
<td></td>
<td>6.30</td>
<td></td>
</tr>
<tr>
<td>5.35</td>
<td></td>
<td>6.35</td>
<td></td>
</tr>
<tr>
<td>5.40</td>
<td></td>
<td>6.40</td>
<td></td>
</tr>
<tr>
<td>5.45</td>
<td></td>
<td>6.45</td>
<td></td>
</tr>
<tr>
<td>5.50</td>
<td></td>
<td>6.50</td>
<td></td>
</tr>
<tr>
<td>5.55</td>
<td></td>
<td>6.55</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>7.00</td>
<td></td>
</tr>
</tbody>
</table>

This teacher list is provided so your child can write in his/her teachers to assist you in making bookings with the teachers you desire to see.

This sheet may be used for up to three members of the same family.

<table>
<thead>
<tr>
<th>STUDENT'S NAME</th>
<th>ENGLISH</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>